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Quality and taste impact of different non-alcoholic beer production methods

AGENDA

- AB Biotek
- Methods for NABLAB production
- Beer examples

CONTACT DETAILS



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A business division of AB MAURI

PINNACLE BREWERS YEAST ABOUT ABB

Science & technology-driven company specializing in fermentation

Unique advanced yeast & microorganism solutions

Serving global markets

Innovative & differentiated products

 A global player with decades of experience in dried yeast manufacturing

 52 plants

 3 R&D centers

 BEER
 WINE

 DISTILLED

 SPIRITS

 BIOETHANOL

 HUMAN

 NUTRITION

AB Biotek





Expectations for a non-alcoholic beer



ABV below 0,5 %

ABV below 0,05%

Tastes like regular beer

- hop and fermentation aromas
- low malty-grainy aromas (most common flaw in NAB)
- no off-notes

Microbiologically stable

Methods in non-alcoholic beer production



There are more than 15 methods described to make NAB, some subdivided in several subtechnologies

Many are equipment solutions, which are mostly expensive (200k up to 3m)

Combination of methods can do the job better

Formulation Cold contact Dilution Jump mashing Membrane filtration Non-saccharomyces yeast Low temperature mashing High temperature mashing Limited fermentation Maltose negative yeast Distillation Zeolite absorption Unfermented wort

Auxiliary methods to improve flavour and stability



Acknowledgements and disclaimers

Technology benefits in this talk are generalized for simplicity; however, some technology variants may have slightly different characteristics. IBD offers an excellent and very complete course on non-alcoholic beer production and much of the content of this talk was taken from there.

Methods in non-alcoholic beer production





Brewhouse methods

Reduce fermentability of the wort

More dextrins, less fermentable sugars

By mashing at temperatures that are suboptimal or destructive for the starch-degrading enzymes in the wort Most common are temperature between 74 and 82°C

- Beta-amylase (releases maltose) is inactivated quickly
- Alfa-amylase is active just enough to cut starch and prevent gel formation



Drawbacks: starch potentially still present + other enzymes like beta-glucanase, lipase, protease work suboptimal



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Is 2.8% ABV low enough? No, but...



Dilution





OE 6.1°P

Most NABs are 3.5-6 Plato, with some exceptions

OE 6°P

OE 4.5°P

Fermentation methods



Is fermentation even necessary?

Yeast removes unpleasant worty-grainy aromas in NAB originate from the synergistic interaction between aldehydes, like 2-MB, 3-MB and methional



www.renegadebrewing.com

Name (group)	Threshold ($\mu g L^{-1}$)	Description		
Acetaldehyde (linear aldehyde)	1114–25,000	Green apple, fruity		
2-Methylpropanal (Strecker aldehyde)	86 ^a -1000	 Produced through Strecker degradation of valine or oxidative degradation of isohumulones (hops component) Grainy, varnish, fruity 		
2-Methylbutanal (Strecker aldehyde)	45-1250	 Produced through Strecker degradation of isoleucine or in presence of oxyge Almond, apple-like, malty 		
3-Methylbutanal (Strecker aldehyde)	56 ^a 600	 Produced through Strecker degradation of leucine or in presence of oxygen Malty, chocolate, cherry, almond 		
Hexanal (linear aldehyde)	88–350	 Product from fatty acid oxidation Green, grassy 		
Methional (Strecker aldehyde)	4.2–250	 Produced through Strecker degradation of methionine Cooked potatoes, worty 		
Phenyl acetaldehyde (Streckeraldehyde)	105–1600	 Produced through Strecker degradation of phenyl alanine Hyacinth, flowery roses 		
Trans-2-nonenal (linear aldehyde)	0.03–0.11	 Reaction between heptanal and acetaldehyde or auto-/enzymatic oxidation of linoleic Cardboard, papery, cucumber 		
Benzaldehyde aromatic aldehyde	515-2000	Produced in presence of oxygenAlmond, cherry stone		
Furfural (heterocyclic aldehyde)	15,000 ^a -150,000	 Product of Maillard and caramelisation reaction (heat indicator) Indicator of flavour instability in beer Caramel, bready, cooked meat 		
5-Hydroxy-methyl-furfural (heterocyclic aldehyde)	35,784 ^a -1,000,000	 Product of Maillard reaction and caramelisation Bready, caramel 		

^aOdour threshold

Fermentation methods – Cold contact

Contact of yeast with wort, drastically improves worty-grainy notes, but not completely One of the oldest (1983) methods to make non-alcoholic beer Up to 10-20 years ago the most commonly applied method, but overall not well appreciated

Start with dried yeast or washed yeast (alcohol carry-over) Acidify the wort to pH 4 – 4.5 (stability) No aeration (no yeast growth, no diacetyl)





Optional extras to remove aldehydes:

- add active carbon during boiling (or mashing)
- some brewers sparge with CO2 during fermentation or during boiling
- Replace malt by adjuncts that contribute less malty aromas. Replace up to 40% of malt by rice, corn, high maltose syrup (<u>not</u> glucose or invert syrup!! -> ADF will increase)

Even 0.0 beer is possible. However, still much more worty than 0.5 beer.

Fermentation methods – Cold contact



Contact of yeast with wort, drastically improves worty-grainy notes



Fermentation methods – Maltose negative yeast



Many yeast species available:

- Saccharomyces cerevisiae
- Saccharomycodes
- Pichia kudriavzevii
- Pichia kluyveri
- Cyberlindnera
- Zygosaccharomyces
- Torulaspora delbrueckii
- and more...

Some more pronounced in aroma, others more clean

In essence, NAB yeast has the function to:

- ferment only glucose (10% of the wort sugars) -> low alcohol
- remove worty-grainy aldehydes
- drop pH
- no off-flavours

Maltose negative yeast vs. regular yeast



works well with regular wort

malt with low fermentability (crystal...) or unmalted grains (barley) can increase the OG for same ABV



Low pH is crucial for microbial stability

Pasteurization ≠ sterilization Low pH and pasteurization work hand in hand





Yeast cleans out worty flavours



... better than cold contact (and in line with distillation and membrane dealcoholisation)



Hopping – ABV increase due to hop creep



Many brewers rely on flavourings or dry-hopping to mask remaining worty notes and create more flavourful NAB Dry hopping introduces release of glucose that yeast can ferment -> **ABV increase** and diacetyl formation



How to avoid hop creep:

- 1. Late hopping instead of dry hopping
- 2. Dry hop cold < 4° C
- 3. Keep the time short
- 4. Don't overdo hop load (hop creep is proportional)
- 5. Remove sedimented yeast
- 6. Avoid oxygen pick-up (yeast growth restarts)

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Method comparison





low body if diluted to <0.5% ABV

often worty, no yeast aroma, unfermented hops

how to get to 0.0% beer?

Equipment methods – thermal dealcoholization



based on the principle of low temperature (+/- 40-50°C) evaporation of alcohol with steam under low pressure (40-120 mbar) -> low heat stress



Equipment methods – membrane systems



based on semipermeable membrane that allows passage of water and alcohol, but not most aroma compounds



Water and alcohol crossing the membrane (image courtesy of Alfa Laval)

new systems reduce significantly the water usage and make this technology viable

Equipment methods – overview

equipment methods are great

- deliver 0.0% beer
- allow complete fermentation and thus very low wortygrainy notes

but...

- have a high initial investment cost
- consume significant amounts of energy
- remove most of the hop and yeast flavour and therefore often require flavouring (except for some of the most recent systems)





retention of aroma compounds after

■ starting beer ■ distillation ■ falling film ■ membranes

source: IBD

most of the data come from trials with early prototypes. Today more advanced systems are available, especially membrane that have much higher retention.

Examples of NABLAB beers made with different methods





Water, malted barley, hop Water, malted barley, sugar, Water, malted barley, extract, **natural flavoring** hop extract, **natural aroma glycerine**, hops, natural

Pale Ale, Rye Malt, Toasted Wheat, Chocolate Spelt, hop.



Water ,Dietary fibre, Soybean peptide, hop, fragrance, acidulant, caramel color, antioxidant (vitamin C), sweetener (acesulfame K)

	Heineken 0.0	Stella Artois 0.0	Big drop lager	BBBP Pico nova	Older NA beers	Asahi Dry Zero
OE (°P)	5.4	4.5	1	3.5		1.4
ABV	0.0	0.0	<0.5	0.3		0.0
рН	4.4	4.3	3.8			3.9
TBU	16	19	23	30		19
Method	distillation	distillation	dilution	yeast	cold contact	formulation

This summary is limited to beers from which the production process can be deduced by analysis of the final product. The real production process may still be different

Final notes



The ideal technology does not exist



Technologies can be combined

- High temperature mash + Dilution + Dry hopping produces decent NABs
- Maltose negative yeast + Unmalted cereals delivers a full-bodied beer below 0.5% ABV
- Maltose negative yeast + Distillation results in significant energy savings vs. using regular yeast

Every technology requires (tunnel or batch) pasteurization

Pinnacle Low Alcohol





Produces low alcohol levels ≤ 0.5 % ABV @ 5 Plato ≤ 1 % ABV @ 10 Plato

Clean neutral aroma, versatile strain

- Non-phenolic
- Low diacetyl
- Low esters
- High reduction of worty-grainy taste (aldehydes)
- Flavour can be tuned by dry-hopping, specialty malts or flavour addition

Safe Saccharomyces cerevisiae strain, GRAS

Available in dry format (as from Q2 2024 @Brouwland and SBI)

Pitching rate: 40-80 g/hl - **Fermentation temperature**: 18 – 25 C





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Thank you for your attention

